REDDOT
BASKETBALL

# 2026
# REDDOT BASKETBALL
# TRAINING SCHEDULE


U8 PROGRAM ..... P2

YOUTH FUNDAMENTALS ..... P3

TEEN FUNDAMENTALS ..... P4

ELITE GROUP TRAINING ..... P5


SCAN TO REGISTER

## FREE TRIAL FOR NEW PLAYERS

INACTIVE FOR 3+ MONTHS

FIRST CLASS BACK FREE

2026 FALL/WINTER TRAINING SCHEDULE

ONTARIO BASKETBALL

# U8 PROGRAM (AGES 5-7)

RIVIERA LOCATION

## TRAINING SCHEDULE

MONDAY–SUNDAY

| TUESDAY | WEDNESDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|
| 4:30-6PM RIVIERA | 4:30-6PM RIVIERA | 4:30-6PM RIVIERA | 10-11:30AM RIVIERA<br>11:30-1PM RIVIERA | 11:30-1PM RIVIERA |

## LOCATION ADDRESS

RIVIERA 223 RIVIERA DR







2026 FALL/WINTER TRAINING SCHEDULE

ONTARIO BASKETBALL

# YOUTH FUNDAMENTALS (AGES 8-11)

THREE LOCATIONS AVALIABLE

## TRAINING SCHEDULE

MONDAY–SUNDAY

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|
| | | 4:30-6PM WOODBINE | | | 1:30-3PM RIVIERA | 1:30-3PM RIVIERA |
| | | | | 4:30-6PM RIVIERA | | |
| 4:30-6PM RIVIERA | 6-7:30PM RIVIERA | 6-7:30PM RIVIERA | 6-7:30PM RIVIERA | 6-7:30PM RIVIERA | 3-4:30PM RIVIERA | 3-4:30PM RIVIERA |
| | | 7:30-9PM MIDLAND | | | 4:30-6PM RIVIERA | 4:30-6PM RIVIERA |

## LOCATION ADDRESSES

RIVIERA 223 RIVIERA DR

WOODBINE 7634 WOODBINE AVE

MIDLAND 2330 MIDLAND AVE







2026 FALL/WINTER GROUP TRAINING SCHEDULE

ONTARIO BASKETBALL

# Teen Fundamentals (AGES 12-15)

## WOODBINE LOCATION

## TRAINING SCHEDULE

MONDAY–SUNDAY

| TUESDAY | WEDNESDAY | THURSDAY | SATURDAY |
|---|---|---|---|
| 7:30-9PM<br>WOODBINE | 6-7:30PM<br>WOODBINE | 7:30-9PM<br>WOODBINE | 1:30-3PM<br>WOODBINE |

## LOCATION ADDRESS

WOODBINE 7634 WOODBINE AVE







2026 FALL/WINTER GROUP TRAINING SCHEDULE

ONTARIO BASKETBALL

# Elite Group Training (AGES 8-16)

**TWO LOCATIONS AVAILABLE**

## TRAINING SCHEDULE

MONDAY–SUNDAY

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|
| | | | | U12<br>4:30-6PM<br>WOODBINE | U12<br>4:30-6PM<br>WOODBINE | NEW<br>U10<br>1:30-3PM<br>RIVIERA |
| U12/U14<br>6-7:30PM<br>RIVIERA | | | U14<br>6-7:30PM<br>WOODBINE | | U14/16<br>6-7:30PM<br>WOODBINE | NEW<br>U14<br>3:30-5PM<br>WOODBINE |
| | U10<br>7:30-9PM<br>RIVIERA | U10<br>7:30-9PM<br>RIVIERA | | | | |

## LOCATION ADDRESSES

WOODBINE **7634 WOODBINE AVE**

RIVIERA **223 RIVIERA DR**






