

REDDOT
BASKETBALL



RedDot Youth Basketball Summer Camp

TRAINING | GAME | FREE AFTER CARE

LOCATION

181 BENTLEY ST, MARKHAM

WEEK 1: 7.1-7.5

WEEK 2: 7.8-7.12

WEEK 3: 7.15-7.19

WEEK 4: 7.22-7.26

WEEK 5: 7.29-8.2

WEEK 6: 8.5-8.9

WEEK 7: 8.12-8.16

WEEK 8: 8.19-8.23

WEEK 9: 8.26-8.30

BEFORE JUNE 1st
EARLY BIRD

\$399/WEEK

PRICE: ~~\$449~~/WEEK





RedDot Youth Basketball Summer Camp

INTRODUCTION

Red Dot Basketball Camp

A basketball-themed sports summer camp

- Focuses on basketball and exercise
- Maintains exercise habits during holidays
- Games, Skills, knowledge, competitions
- Safe and effective training environment

LOCATION

181 BENTLEY STREET, MARKHAM



TRAINING COURT



MEDIA ROOM

CONTENT

TRAINING

- DRIBBLING · SHOOTING · TACTICS
- PASSING · TEAMWORK

ACTIVITIES

- THEORY · MOVIE DAY · COMPETITION
- GAMES · PIZZA DAY · BBQ DAY

COACHES



Dane Smith



Julan McDonald

DATE

WEEK 1: 7.1-7.5

WEEK 6: 8.5-8.9

WEEK 2: 7.8-7.12

WEEK 7: 8.12-8.16

WEEK 3: 7.15-7.19

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WEEK 9: 8.26-8.30

WEEK 5: 7.29-8.2



RedDot Youth Basketball Summer Camp

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------|---|--------------------------|----------------------------|-------------------------|-----------------------|
| 8:30AM-9:00AM | CHECK IN | | | | |
| 9:00AM-9:15AM | GROUP MEETING · INTRODUCING MORNING ACTIVITIES | | | | |
| 9:15AM-9:30AM | WARM UP · STRETCHING | | | | |
| 9:30AM-10:30AM | BALL HANDING TRAINING | SHOOTING TRAINING | TRANSITION TRAINING | PASSING TRAINING | SKILL TRAINING |
| 10:30AM-10:45AM | BREAK TIME | | | | |
| 10:45AM-11:45AM | BALL HANDING TRAINING | SHOOTING TRAINING | TRANSITION TRAINING | PASSING TRAINING | SKILL TRAINING |
| 11:45AM -12:30PM | LUNCH | | PIZZA DAY | LUNCH | POPEYES DAY |
| 12:30PM-12:45PM | GROUP MEETING · INTRODUCING AFTERNOON ACTIVITIES | | | | |
| 12:50PM-1:50PM | COMPETITION | COMPETITION | MOVIE DAY | COMPETITION | TOURNAMENT |
| 1:50PM-2:00PM | BREAK TIME | | | BREAK TIME | |
| 2:00PM-2:50PM | FULL COURT GAME | | | FULL COURT GAME | |
| 2:50PM-3:00PM | CHECK OUT | | | | |
| 3:00PM-4:00PM | FREE AFTER CARE | | | | |

