REDDOT BASKETBALL

2026·REDDOT SPRING SPECIALIZED TRAINING

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REDDOT YOUTH LEAGUE SEASON 10
EVERY WEEKEND
FOR YOUTH & TEENS OF ALL LEVELS · WEEKEND TRAINING & GAMES · FAIR TEAM BALANCING · BOOST GAME SKILLS & IQ

SPECIALIZED TRAINING PACKAGE
PACKAGE
SPECIAL COMBO TRAINING TO BOOST SHOOTING, INSIDE PLAY, AND EXPLOSIVE FITNESS—TAILORED FOR YOU!

NEW
FUNDAMENTAL SKILL TRAINING CAMP
WED OR FRI
DEVELOP STRONG BASKETBALL FUNDAMENTALS THROUGH FOCUSED TRAINING ON BALL HANDLING, SHOOTING, FOOTWORK, AND GAME AWARENESS TO

SHOOTING CAMP
MON OR SAT
IMPROVE SHOOTING FORM AND ACCURACY BOOST CONFIDENCE IN SCORING UNDER PRESSURE PERFECT FOR PLAYERS LOOKING TO SHARPEN THEIR OFFENSIVE SKILLS

HANDLES UP CAMP
THU OR SAT
FOCUS ON ENHANCING COORDINATION BETWEEN BOTH HANDS IMPROVING BALL CONTROL FOR SMOOTHER AND MORE EFFORTLESS DRIBBLING, MAKING YOUR DRIBBLING MORE AGGRESSIVE AND EFFECTIVE

LAY-UP SKILL CAMP
EVERY WED
DRAWING FOULS TECHNIQUES FAST BREAK FINISHING MULTI ANGLE LAYUPS RIGHT- AND LEFT-HAND LAYUPS EURO STEP

NEW
GROWTH DEVELOPMENT CAMP
EVERY SAT
Designed to support young athletes during key growth stages by developing strength, coordination, balance, and overall athletic ability.

DEFENCE CAMP
EVERY FRI
CHAMPIONSHIP COACHES TEACH DEFENSIVE SKILLS, FOOTWORK, AND CONDITIONING TO BOOST ON-COURT IMPACT.

TEENAGER ELITE TRAINING CAMP
EVERY WED
COMPREHENSIVE BASKETBALL TRAINING COVERING LAYUPS, BALL-HANDLING, CONDITIONING, SHOOTING, AND ADVANCED DEFENSIVE FUNDAMENTALS.

REDDOT BASKETBALL

SPECIALIZED TRAINING PACKAGE

ORIGINAL PRICE $399+HST
MASTER STANCE AND FOOTWORK TO BOOST DEFENSE AND CONDITIONING
DEFENCE CAMP

ORIGINAL PRICE $399+HST
IMPROVE SHOT CONSISTENCY, TOUCH FLUIDITY, AND ACCURACY.
SHOOTING CAMP

ORIGINAL PRICE $399+HST
BUILD STRENGTH, COORDINATION, AND ATHLETIC DEVELOPMENT
GROWTH DEVELOPMENT CAMP

ORIGINAL PRICE $399+HST
BOOST BALL-HANDLING, AGILITY, AND DRIVE TIMING.
HANDLES UP CAMP

CHOOSE ANY TWO SPECIALIZED TRAINING PACKAGE ONLY $699 +HST

IMPROVE BALL HANDLING, SHOOTING, FOOTWORK, AND CORE BASKETBALL FUNDAMENTALS
FUNDAMENTAL SKILL TRAINING CAMP
ORIGINAL PRICE $399+HST

ORIGINAL PRICE $399+HST
OPTIMIZE FOOTWORK AND MOVEMENT TO IMPROVE FINISHING EFFICIENCY
LAY-UP SKILL CAMP

BASKETBALL TRAINING: LAYUPS, BALL-HANDLING, SHOOTING, CONDITIONING, DEFENSE
ORIGINAL PRICE $399+HST
TEENAGER ELITE TRAINING CAMP

ANY PACKAGE + REDDOT YOUTH LEAGUE $899 +HST
REGULAR PRICE PER SEASON $399+HST

DEPOSIT TO BECOME A REDDOT MEMBER AND ENJOY EXTRA DISCOUNTS.

1000	2000	3000
BONUS 150	BONUS 400	BONUS 650

SAVE UP TO $250

REGISTER NOW

REDDOT BASKETBALL

FUNDAMENTAL SKILL TRAINING

Teenager Group (Age 12-15)
APRIL 8 - JUNE 10
EVERY WEDNESDAY
7:30-9PM
7634 WOODBINE AVE

Youth Group (Age 9-11)
APRIL 10 - JUNE 12
EVERY FRIDAY
7:30-9PM
223 RIVIERA DR

Coach Cobey

Coach Dane

ASSESSMENT REPORT GIVEN AT START & END

- BALL HANDLING & CONTROL
- SHOOTING MECHANICS
- FOOTWORK DEVELOPMENT
- PASSING FUNDAMENTALS
- DEFENSIVE TECHNIQUES

SCAN TO REGISTER

$399 +HST (10 SESSIONS)

CONTACT US
+1 (289) 380-3797
+1 (647) 839-0256
REDDOTBASKETBALL@HOTMAIL.COM

REDDOT BASKETBALL

COACH MOUD

YOUTH GROWTH DEVELOPMENT CAMP

FOR PLAYERS AGED 8-11

- Support natural height growth
- Build strength & coordination
- Improve vertical jump & explosiveness
- Improve athletic performance

$ 399 +HST
(10 SESSIONS)

REGISTER NOW

APR 11 - JUN 20
SAT 4:30PM-6:00PM
LOCATION: 223 RIVIERA DR

REDDOT BASKETBALL

COACH JOE

ELITE SKILL TRAINING CAMP

ASSESSMENTS TRACK PROGRESS AT START TO END

FOR PLAYERS AGED 13-16
APRIL.8-JUNE.10
WEDNESDAY 6-7:30PM

LAYUP TECHNIQUES
FINISHING MOVES
SHOOTING SKILLS
BALL-HANDLING & DRIBBLING
FULL-BODY CONDITIONING
GAME IQ DEVELOPMENT
ELITE DEFENSIVE FUNDAMENTALS

$399 +HST
(10 SESSIONS)

SCAN TO REGISTER

LOCATION: 223 RIVIERA DR
CONTACT US: 2893803797 6478390256
EMAIL: REDDOTBASKETBALL@HOTMAIL.COM

REDDOT BASKETBALL

BEGINNER
COACH JOE
THU 7:30PM-9:00PM
(TEENAGER)
SAT 3:00PM-4:30PM
(YOUTH)
223 RIVIERA DR

ELITE
COACH DESMOND
THU 7:30PM-9:00PM
223 RIVIERA DR

HANDLES UP TRAINING CAMP

YOUTH(8-11)& TEENAGER(12-14): APR 9- JUN 11
(Elite) (Beginner)

YOUTH(8-11): APR 11- JUN 20
(Beginner)

- Dribbling & Coordination
- Speed & Quick Stops
- Dribbling Under Pressure
- Advanced Dribble Moves

ASSESSMENTS TRACK PROGRESS AT START AND END

$399 +HST
10 SESSIONS

REGISTER NOW

REDDOT BASKETBALL

COACH JOE

LAY-UP TRAINING CAMP

ASSESSMENTS TRACK PROGRESS AT START AND END

FOR PLAYERS AGED 10-14

- SPIN MOVE/REVERSE LAY UP
- UNDER HAND FINISH
- DRAWING FOULS TECHNIQUES
- FAST-BREAK SCORING
- MULTI-ANGLE FINISHES
- BOTH-HAND LAYUPS
- EURO STEP MASTERY

$399 +HST
(10 SESSIONS)

APR 8 - JUN 10
WED 7:30-9PM

SCAN TO REGISTER

LOCATION: 223 RIVIERA DR
CONTACT US: 2893803797 6478390256
EMAIL: REDDOTBASKETBALL@HOTMAIL.COM

REDDOT BASKETBALL

DEFENCE CAMP

- READ & REACT LAYERS DEFENCE
- ON BALL & OFF BALL DEFENCE
- DEFENSIVE FOOTWORK
- DEFENSIVE CONDITIONING
- DEFENSIVE TECHNIQUES
- DEFENSIVE STANCE

COBEY AGBAJE

PROFESSIONAL FITNESS TRAINER & PROVINCIAL CHAMPION COACH

APR.10-JUNE.12
FRIDAY 7:30-9PM

$399 +HST
(10 SESSIONS)

SCAN TO REGISTER

CONTACT US:
(289)380-3797 (647)473-0117
REDDOTBASKETBALL@HOTMAIL.COM

LOCATION: 7634 WOODBINE AVE

REDDOT BASKETBALL

SHOOTING CAMP

SHOOTING FORM CORRECTION
BALANCE AND CORE STABILITY
DR. DISH ASSISTED PRACTICE
CATCH & SHOOT DRILLS
SPOT-UP SHOOTING

COACH JOE
REDDOT ELITE TRAINER
FOUNDER OF SHOOTING STAR TRAINING
20+ YEARS OF BASKETBALL TRAINING EXPERIENCE

$399 +HST
10 SESSIONS
(LONG WEEKENDS OFF)

SCAN TO REGISTER

TEENAGER GROUP (AGE 12-15)
APR 6 – JUNE 15
MONDAY
7:30-9PM
223 RIVIERA DR

YOUTH GROUP (AGE 9-11)
APR 11 – JUNE 20
SATURDAY
10:30-12PM
7634 WOODBINE AVE

CONTACT US
(289)380-3797 (647)839-0256
REDDOTBASKETBALL@HOTMAIL.COM

REDDOT BASKETBALL

SEASON 10 YOUTH LEAGUE

APRIL 12 ~ JUNE 21 (SUNDAY)
10 WEEKS GAME + TRAINING

GRADE 5-7: 10-12PM
GRADE 8-10: 12-2PM

1ST/2ND/3RD MEDALS
MVP TROPHY
EXCLUSIVE MEDALS
SCORING/REBOUNDING/ASSISTING LEADER

BEFORE APR 1
EARLY BIRD
REG $399 +HST
$349 +HST /SEASON

SCAN TO REGISTER

WEEKLY: HUSTLE PLAYERS / PHOTO+VIDEO HIGHLIGHT

UNIT 6 - 7634 WOODBINE AVE