

**REDDOT**  
BASKETBALL

# REDDOT TEENAGER BASKETBALL SUMMER CAMP

AGED 12 YEARS OLD AND OLDER

**JULY 1<sup>ST</sup> ~ AUGUST 30<sup>TH</sup>**

WEEK 1: 7.1-7.5	WEEK 6: 8.5-8.9
WEEK 2: 7.8-7.12	WEEK 7: 8.12-8.16
WEEK 3: 7.15-7.19	WEEK 8: 8.19-8.23
WEEK 4: 7.22-7.26	WEEK 9: 8.26-8.30
WEEK 5: 7.29-8.2	

**~~PRICE: \$449/WEEK~~**  
**\$399/WEEK**

**EARLY BIRD BEFORE JUNE 1<sup>ST</sup>**

UNIT 6 - 7634 WOODBINE AVE. MARKHAM



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## LOCATION

Hardwood Court  
Professional Training Facilities  
24hr AC



## REQUIREMENTS

For 12 years and older  
20 Campers/Week  
Grouped by Age/Level

**UNIT 6 - 7634 WOODBINE AVE. MARKHAM**

## INTRODUCTION

- RedDot professional coaches
- Unique Training, Video analysis
- Skill Development
- Physical Conditioning
- Safe, Quality Training Facility
- Dodgeball, Ping Pong, etc.
- Dragon Legend Buffet / Pizza Day



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SUMMER CAMP**

**SCHEDULE**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30AM-9:00AM	CHECK IN				
9:00AM-9:15AM	GROUP MEETING · INTRODUCING MORNING ACTIVITIES				
9:15AM-9:30AM	WARM UP · STRETCHING				
9:30AM-10:30AM	BALL HANDING TRAINING	SHOOTING TRAINING	TRANSITION TRAINING	PASSING TRAINING	SKILL TRAINING
10:30AM-10:45AM	BREAK TIME				
10:45AM-11:45AM	BALL HANDING TRAINING	SHOOTING TRAINING	TRANSITION TRAINING	PASSING TRAINING	SKILL TRAINING
11:45AM -12:30PM	LUNCH		PIZZA DAY	LUNCH	POPEYES DAY
12:30PM-12:45PM	GROUP MEETING · INTRODUCING AFTERNOON ACTIVITIES				
12:50PM- 1:50PM	COMPETITION	COMPETITION	MOVIE DAY	COMPETITION	TOURNAMENT
1:50PM-2:00PM	BREAK TIME			BREAK TIME	
2:00PM-2:50PM	FULL COURT GAME			FULL COURT GAME	
2:50PM-3:00PM	CHECK OUT				
3:00PM-4:00PM	FREE AFTER CARE				