BASKET

2025

REDDOT BASKETBALL

TRAINING

YOUTH BEGINNER.....P2-4

YOUTH/TEENAGER ELITE.....P6-7

YOUTH ENLIGHTENMENT.....P8

CALL/TEXT: +1 (289)380-3797

CONTACT NOW GET A FREE TRIAL CLASS

YOUTH GROUP TRAINING

LOCATION: UNIT 6-7634 WOODBINE AVE



AGE 8-12

•BEGINNER LEVEL •MAXIMUM 12 STUDENTS

•PRO COACH •SCRIMMAGES

•SKILL ASSESSMENTS







BASKET

YOUTH GROUP TRAINING

LOCATION:223 RIVIERA DR

| MON | TUE | WED | THU | FRI | SAT | SUN |
|----------|----------|----------|----------|----------------------|----------------------------------|----------------------------------|
| 4:30-6PM | 6-7:30PM | 6-7:30PM | 6-7:30PM | 4:30-6PM 6-7:30PM | 1:30-3PM 3-4:30PM 4:30-6PM | 1:30-3PM 3-4:30PM 4:30-6PM |

AGE 8-12

•BEGINNER LEVEL •MAXIMUM 12 STUDENTS

•PRO COACH •SCRIMMAGES

•SKILL ASSESSMENTS









2025 REDDOT TRAINING SCHEDULE YOUTH GROUP TRAINING

LOCATION:2330 MIDLAND AVE, SCARBOROUGH

WED

SAT

7:30-9:00PM

3:00-4:30PM

4:30-6:00PM

AGE 8-12

•BEGINNER LEVEL •MAXIMUM 12 STUDENTS

•PRO COACH •SCRIMMAGES

•SKILL ASSESSMENTS







TEENAGER GROUP TRAINING

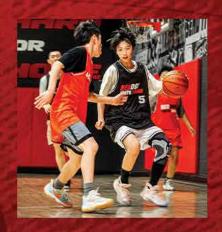
LOCATION: UNIT 6-7634 WOODBINE AVE

| TUE | WED | THU | SAT |
|----------|-----------|----------|----------|
| 7:30-9PM | 6- 7:30PM | 7:30-9PM | 1:30-3PM |

AGE 12-15
• FUNDAMENTAL BEGINNER LEVEL
• SCRIMMAGES • SKILL DEVELOPMENT
• SKILL ASSESSMENTS • PHYSICAL CONDITIONING









2025 REDDOT TRAINING SCHEDULE YOUTH ELITE GROUP TRAINING

LOCATION: UNIT 6-7634 WOODBINE AVE

THU FRI SAT SUN **U12 U12** HIGH 4:30-6PM **U14** PERFORMANCE COACH: MICHAEL COACH: DESMOND TRAINING 6-7:30PM **U14/U16 U14/U16** 2-3:30PM COACH: DANE 6-7:30PM 6-7:30PM **REP PLAYERS ONLY COACH: DANE** COACH: DESMOND

U10:AGED 9-10 U12:AGED 11-12 U14:AGED 13-14 U16:AGED 15-16

- AGE-SPECIFIC CLASSES
- SPECIALIZED TRAINING METHODS
- · GAME-READY SKILLS
- SCRIMMAGE
- SKILL ASSESSMENTS
- LED BY PRO PLAYERS AND CERTIFIED COACHES





REDDOT





2025 REDDOT TRAINING SCHEDULE YOUTH ELITE GROUP TRAINING

LOCATION: 223 RIVIERA DR

| MON | TUE | WED | FRI |
|--|--|-----------------------------|--------------------------------|
| U14 6-7:30PM COACH: JOE U12 6-7:30PM COACH: MICHAEL | UTO 6-7:30PM COACH: MICHAEL UTO 7:30-9PM COACH: JOE | UTO 7:30-9PM COACH: DESMOND | U12 7:30-9PM COACH: JOE |

U10:AGED 9-10 U12:AGED 11-12 U14:AGED 13-14 U16:AGED 15-16

- AGE-SPECIFIC CLASSES
- SPECIALIZED TRAINING METHODS
- GAME-READY SKILLS
- SCRIMMAGE
- SKILL ASSESSMENTS
- LED BY PRO PLAYERS AND CERTIFIED COACHES









YOUTH ENLIGHTENMENT TRAINING

LOCATION: 223 RIVIERA DR

| TUE | WED | FRI | SAT | SUN |
|-----------|-----------|-----------|----------------------------|----------------------------|
| 4:30- 6PM | 4:30- 6PM | 4:30- 6PM | 10- 11:30AM 11:30 -1 PM | 10- 11:30AM 11:30 -1 PM |

• AGE 5-7
• BEGINNER LEVEL
• 3-6 STUDENTS GROUP
• SKILLS & COMPITITION







BASKET